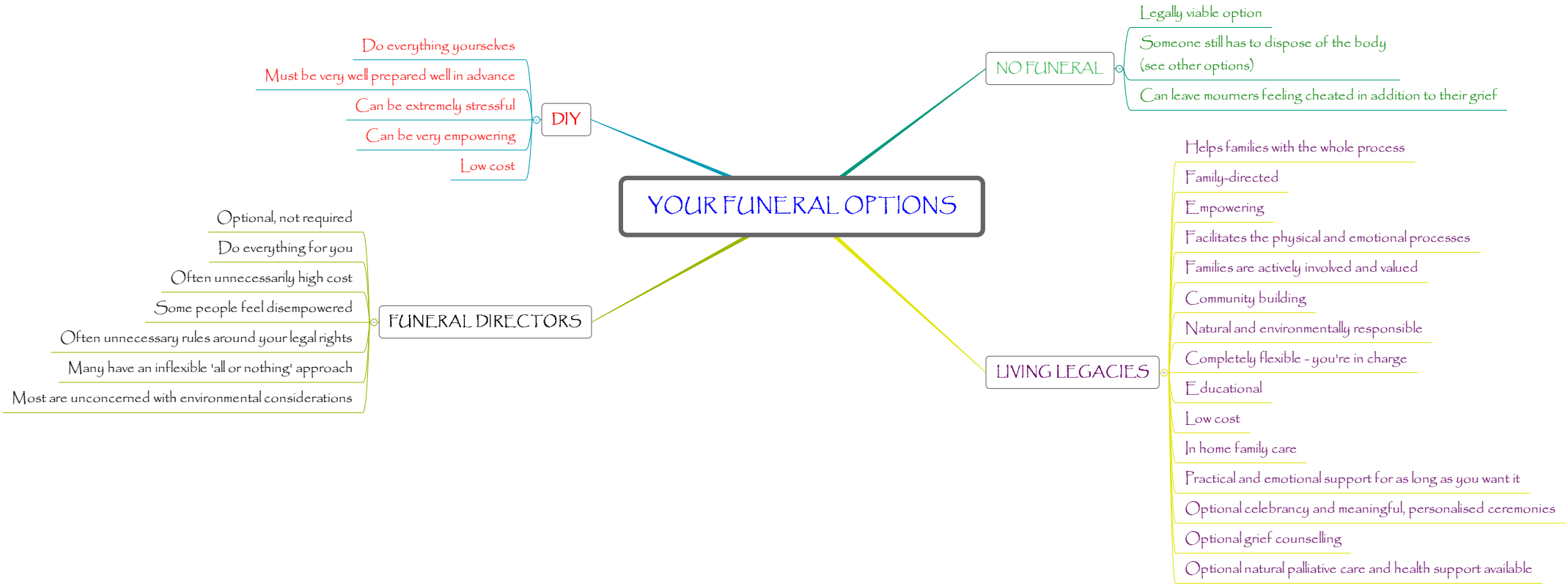
YOUR FUNERAL OPTIONS
DIY
Do everything yourselves
Must be very well prepared well in advance
Can be extremely stressful
Can be very empowering
Low cost
NO FUNERAL
Legally viable option
Someone still has to dispose of the body (see other options)
Can leave mourners feeling cheated in addition to their grief
FUNERAL DIRECTORS
Optional, not required
Do everything for you
Often unnecessarily high cost
Some people feel disempowered
Often unnecessary rules around your legal rights
Many have an inflexible 'all or nothing' approach
Most are unconcerned with environmental considerations
LIVING LEGACIES
Helps families with the whole process
Family-directed
Empowering
Facilitates the physical and emotional processes
Families are actively involved and valued
Community building
Natural and environmentally responsible
Completely flexible - you're in charge
Educational
Low cost
In home family care
Practical and emotional support for as long as you want it
Optional celebrancy and meaningful, personalised ceremonies
Optional grief counselling
Optional natural palliative care and health support available